

## **BANANA NEWS**



# **GO DEEPER**

### **REWIND VOL. 2**

## **DAILY DEVOTIONS**

#### **DAY 1: GOD IS WORTHY TO FOLLOW**

READ - Judges 7:9-25

Imagine you are one of the 300 men in Gideon's army getting ready to face an army of 135,000+ men. God gives Gideon directions to follow. You are hoping Gideon gives you a big sword. Instead, he hands you a trumpet, a torch and a clay jar. Not what you were expecting, right? There are times that there is no way for us to understand God's plans, but God is worthy to be followed and His plans are best! Gideon followed God's directions and the Israelites won the battle! **Remember: When we are under pressure, God is worthy!** 

#### **DAY 2: STRENGTH IN OUR WEAKNESS**

READ - Judges 16:26-30, 2 Corinthians 12:9-10

At the end of his life Samson looked very weak. But even in his weakness, God's strength came through! Your weaknesses are not a problem for God. Your weaknesses can let you see God's power at work in you, if you call on Him for help. Try to remember to always go to God first. Ask God for His strength to help you accomplish His plan. God's strength and power are always available. **Remember: When we are under pressure, God is our strength!** 

### **DAY 3: PRAY FIRST**

READ - 2 Kings 19:9-11, 14-19

The king of Assyria was insulting the One True God. Did Hezekiah go get his army together and rush out to defend the name of God by attacking the Assyrian army. No! Instead, Hezekiah turned to God and prayed first! He trusted that God heard him when he prayed. He prayed to God BEFORE coming up with his own solution, and God had a great solution for him. When you are faced with a problem, do you talk with God first? **Remember God says, "Pray to Me, and I will hear you."** 

#### **DAY 4: KNOCK, KNOCK**

READ - Joshua 2:8-21

I stand at the door and knock. These words of Jesus teach us that He is always ready and waiting for us to accept a relationship with Him. The same was true for Rahab. God wanted to save Rahab and her family, and so he sent spies to her door. She literally opened the door to them, and by doing so opened the door to being part of God's plan for her life. If you are a child of God, how can you obey God today? If you are not a child of God, He is knocking - will you let Him in? **Remember God says, "I stand at the door and knock."** 

#### **DAY 5: OPEN THE DOOR**

READ - Isaiah 6:1-8, John 14:6

Isaiah chose to say "yes" to God by going and telling others the things that God wanted them to know. God knocked on the door, and Isaiah opened it. And God knocks on the door to our hearts as well. God loves us so much that He sent Jesus to pay the price for our sin. Then Jesus came back to life, defeating sin and death, and made a way for us to have a personal relationship with the One True God! Will you open the door to a personal relationship with God today? If you are ready to open the door, don't wait! Talk with a trusted adult or send us a message at <a href="mailto:brkids@blueridge.org">brkids@blueridge.org</a>.



Materials: spinner template printed on cardstock, paper brad, markers

Life is full of pressures, or things that are hard to go through. Sometimes it's a tough decision we have to make, like what cereal to eat for breakfast. Hard work is a good thing most of the time, but it can still be difficult and add pressure to our lives. Then there's the pressure of obeying our parents. If you've ever been teased over and over again, or maybe even bullied in school or online, that adds stress and pressure to your life because it's hard to deal with. Can you think of any other situations in your life that you struggle with?

When we are under pressure we need to remember who God is and that His power is greater than anything we may face. And it's by God's power that we can overcome the pressures in our life. And believe it or not, the hard things we go through can actually make us stronger, and our lives better.

Create a "God is..." spinner. When you are feeling under pressure, pull out your spinner, look up some of the verses, and remember who God is! Remember, when you are under pressure God is enough!

#### Spinner Direction:

- 1. Print the template.
- 2. Color and cut out both circles.
- 3. Make a small hole in the middle of the circles and place a metal brad through it. Flip the spinner to the back and flatten the brad's legs.



Materials: plastic bottle, paper, pen, string

Revelation 3:20 "Look! I stand at the door and knock. If you hear my voice and open the door, I will come in, and we will share a meal together as friends." Revelation 3:20 (NLT)

This was a message given to the disciple, John, through a vision. A vision is like a dream that someone sees while they are awake. Jesus wanted the message told that He is knocking on the door of our hearts and He wants us to make the choice to open the door to Him, His love, and to accept His gift of forgiveness.

Create a message in a bottle. Write out Revelation 3:20 and a note sharing who Jesus is to you. When finished, roll the paper up, tie it with a string, and place it in your bottle. Ask God who He wants you to share His message of love and hope with. Be still and wait for God to put a name in your mind. Then deliver your bottle!



Materials: paper, markers, music, ribbon dancers

READ - Revelation 4:11, Psalm 66

God is the one true God. For that alone He is worthy to be praised. But He is also our Creator. He is loving, forgiving, kind, and so much more! Make a list from A-Z of some of the ways God is worthy of praise. Start with 'A' and think of a word or phrase that describes God like, "All Powerful". Then repeat for every letter in the alphabet. How many things can you praise God for? After finishing your list turn on some praise music to sing, dance, wave your ribbons, and praise God! <a href="https://www.tinyurl.com/brkidsplaylist">www.tinyurl.com/brkidsplaylist</a>



